



**Shiva Trust's**  
**SHARADCHANDRAJI PAWAR HOMOEOPATHY**  
**MEDICAL COLLEGE, SHRIRAMPUR, A' NAGAR**

Recognized by Gov.of India,Dept.of AYUSH New Delhi, Council of Homoeopathy (C.C.H.) New Delhi.Gov.of Maharashtra & Affiliated to Maharashtra University of Health Sciences, Nashik.

**List of Extension activities**

Year	Name of the extension activity	Organizing unit/agency/collaborating agency	No. of students who participated in such activities	No. of teachers who participated in such activities
2018-19	Blood donation camp Sphmc	Sphmc	54	2
2018-19	School health checkup camp for Z.P school students Nipani wadgaon	Sphmc	54	2
2018-19	School health checkup camp for Z.P school students Bhokar	Sphmc	54	2
2018-19	School health checkup camp for Ravishankar English medium Wadala Mahadev	Sphmc	54	2
2018-19	School health checkup camp for Z.P school students Shirasgaon	Sphmc	54	2
2018-19	School health checkup camp for Z.P school students Wadala Mahadev Shrirampur	Sphmc	54	2
2018-19	Educational visit to lakshmimata milk plant & milk product pvt Bhokar , Ahmednagar Maharashtra	Community medicine	54	1
2018-19	Swachh bharat abhiyan in college	Sphmc	54	2
2018-19	150 <sup>th</sup> birth anniversary celebration of Mahatama Gandhi	Sphmc	54	2
2018-19	Educational visit to lakshmimata milk plant & milk product pvt Bhokar , Ahmednagar Maharashtra	Community medicine	40	1



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Medical College & Hospital  
A/p.Wadala Mahadev, Tal.Shrirampur



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E-mail Id: - [sphmc111@gmail.com](mailto:sphmc111@gmail.com). Website: - [www.sphmcshrirampur.com](http://www.sphmcshrirampur.com)  
College Address: - Wadala Mahadev, Shrirampur- Newasa road, Tal: Shrirampur, Dist: Ahmednagar, Maharashtra Pin Code: 413739 (M.S.) Ph.02422-248310

## Report On Blood Donation Camp, SPHMC

Date:- 23/07/2018

Venue:-SPHMC.College Campus

No of Particiapants:-54

No of Teacher's:-1

### Introduction:-

The Blood donation Camp at SPHMC.MED.COLLEGE&HOSP. was Organized on 23/07/2018. This noble initiative was aimed at contributing to the well-being of our community and making a positive impact on the lives of those in need.

### Objective:-

The Primary Objective of the Blood donation camp was to collect a significant amount of blood donations to help patients in local hospitals and clinics. Additionally, it aimed to raise awareness about the importance of regular blood donation among our college students and staff.

### Activities and Highlights:-

The camp started at 10.AM. To 2.PM. We had a team of skilled medical professionals from SPHMC Medical College And Hospital To conduct the blood collection.

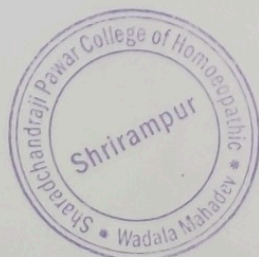
1. Registration counters were set up for donors to fill out necessary forms and undergo a brief medical checkup.
2. The camp attracted a substantial number of donors, including both college students and staff.
3. The donors were provided with refreshments and certificates of appreciation to acknowledge their contribution.
4. A small awareness session was conducted to educate participants about the significance of blood donation and its impact on saving lives.

### Conclusion:-

The Blood Donation camp at SPHMC.MED.COLLEGE&HOSP. was a great success, with a significant number of donors coming forward to support this noble cause. We believe that such initiatives play a crucial role in promoting the spirit of community service and saving lives

We look forward to organizing more such events in the future to make a positive impact on our community.

BB-1





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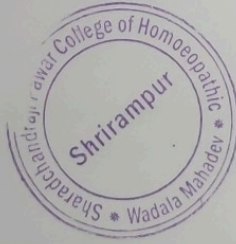
Blood Donation Camp SPHMC.


Date: 23/07/2018

Sr No	Students Name
1.	Ambhore Vishranti Prakash
2.	Anees Ahmed Jaweed Iqbal
3.	Bari Hitesha Yogendra
4.	Bhandwalkar Gauri Bharat
5.	Chauhan Sujitha Tarasing
6.	Dengane Pooja Mahesh
7.	Dhakpade Naseer Ahmed
8.	Faruqui Zikra Azam
9.	Gavate Vishnu Dattatray
10.	Ghodmare Manoj Deorao
11.	Ghule Aniket Gorakshnath
12.	Gund Yashwant Vasantryao
13.	Inamdar Aimanzeba Yusuf
14.	Jadhav Asawari Sharad
15.	Jadhav Shital Ashok
16.	Jesu Vini Baskar

17.	Jha Pallavi Sanjay
18.	Kadam Gauravi Milind
19.	Kalkate Vedashree Nitin
20.	Kamble Prajakta Dhanaji
21.	Kamble Vaishnavi Nagnath
22.	Kashte Jayashree Dnyanaba
23.	Katare Karishma Goraknath
24.	Kate Manisha Radhakisan
25.	Khan Irfan Younus
26.	Khan Nizammuddin Mohd Nanne
27.	Khatik Madhuri Laxman
28.	Kulal Prajakta Kailash
29.	Kurund Shital Sathish
30.	Kute Sonal Sharad
31.	Lande Priyanka Gorakshanath
32.	Madane Ashitosh Ramchandra
33.	Mahajan Vinay Narayan
34.	Malave Shital Sanjay
35.	Marathe Shweta Sanjay
36.	More Mohini Ramkrishna
37.	Nagar Prajakta Umesh
38.	Pathak Shweta Ashish
39.	Prajapati Nisha Suraj Prasad
40.	Neel Pooja

41.	Sarode Vikas Ramesh
42.	Sawant Vijaya Dattatray
43.	Sayed Sadaf Aara Raziabbas
44.	Khandekar Vrushali
45.	Shaikh Shifa Akbalaahmed
46.	Shaikh Suhail Shabbir
47.	Shewale Komal Vijay
48.	Shinde Aishwarya Shashikant
49.	Shukla Shubham Sanjay
50.	Tonde Aboli Dashrath
51.	Waghchoure Akshay Nandkumar
52.	Waghmare Pratiksha Chandrakant
53.	Yeskar Sayli Rajendra
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Ahmednagar, Maharashtra Pin Code: 413739 (M.S.) Ph.02422-248310

## Health Check-up Camp ZP School, Nipani Wadgaon

Date:- 28/07/2018

Venue:-ZP School Nipani Wadgaon

No of Particiapants:-54

No Of Teacher's:- 2

A Health Check-up camp was organized on 28/07/2018 at ZP , School, Wadala Mahadev Shrirampur, With Primary Objective of Providing Accessible healthcare source to the Community.

The Camp Services offered, general health checkup, with, height, vision Final Examination. Basic counseling to the children was done by Dr. B.B. Harishchandre were he actively introduced with children encouraged them about college free OPD and Medicine Faculty and made awareness about homoeopathy among children & School Staff.

B.B.M



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School Health Check-up Camp for ZP School Students,Nipani Wadgaon .

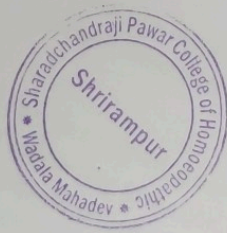
Date: 28/07/2018


Sr No	Students Name
1.	Ambhore Vishranti Prakash
2.	Anees Ahmed Jaweed Iqbal
3.	Bari Hitesha Yogendra
4.	Bhandwalkar Gauri Bharat
5.	Chauhan Sujitha Tarasing
6.	Dengane Pooja Mahesh
7.	Dhakpade Naseer Ahmed
8.	Faruqui Zikra Azam
9.	Gavate Vishnu Dattatray
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11.	Ghule Aniket Gorakshnath
12.	Gund Yashwant Vasantao
13.	Inamdar Aimanzeba Yusuf
14.	Jadhav Asawari Sharad
15.	Jadhav Shital Ashok
16.	Jesu Vini Baskar
17.	Jha Pallavi Sanjay

18.	Kadam Gauravi Milind
19.	Kalkate Vedashree Nitin
20.	Kamble Prajakta Dhanaji
21.	Kamble Vaishnavi Nagnath
22.	Kashte Jayashree Dnyanaba
23.	Katare Karishma Goraknath
24.	Kate Manisha Radhakisan
25.	Khan Irfan Younus
26.	Khan Nizamuddin Mohd Nanne
27.	Khatik Madhuri Laxman
28.	Kulal Prajakta Kailash
29.	Kurund Shital Sathish
30.	Kute Sonal Sharad
31.	Lande Priyanka Gorakshanath
32.	Madane Ashitosh Ramchandra
33.	Mahajan Vinay Narayan
34.	Malave Shital Sanjay
35.	Marathe Shweta Sanjay
36.	More Mohini Ramkrishna
37.	Nagar Prajakta Umesh
38.	Pathak Shweta Ashish
39.	Prajapati Nisha Suraj Prasad
40.	Neel Pooja
41.	Sarode Vikas Ramesh



42.	Sawant Vijaya Dattatray
43.	Sayed Sadaf Aara Raziabbas
44.	Khandekar Vrushali
45.	Shaikh Shifa Akbalahmed
46.	Shaikh Suhail Shabbir
47.	Shewale Komal Vijay
48.	Shinde Aishwarya Shashikant
49.	Shukla Shubham Sanjay
50.	Tonde Aboli Dashrath
51.	Waghchoure Akshay Nandkumar
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Ahmednagar, Maharashtra Pin Code: 413739 (M.S.) Ph.02422-248310

### Health Check-up Camp ZP School, Bhokar

Date:- 24/07/2018

Venue:-ZP School Bhokar.

No of Particiapants:-54

No of Teacher's:- 2

A Health Check-up camp was organized on 24/07/2018 at ZP , School, Wadala Mahadev Shrirampur, With Primary Objective of Providing Accessible healthcare source to the Community.

The Camp Services offered, general health checkup, with, height, vision Final Examination. Basic counseling to the children was done by Dr. B.B. Harishchandre were he actively introduced with children encouraged them about college free OPD and Medicine Faculty and made awareness about homoeopathy among children & School Staff.

BBM



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School Health Check-up Camp for ZP Students Bhokar.


Date: 24/07/2018

Sr No	Students Name
1.	Ambhore Vishranti Prakash
2.	Anees Ahmed Jaweed Iqbal
3.	Bari Hitesha Yogendra
4.	Bhandwalkar Gauri Bharat
5.	Chauhan Sujitha Tarasing
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17.	Jha Pallavi Sanjay

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30.	Kute Sonal Sharad
31.	Lande Priyanka Gorakshanath
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33.	Mahajan Vinay Narayan
34.	Malave Shital Sanjay
35.	Marathe Shweta Sanjay
36.	More Mohini Ramkrishna
37.	Nagar Prajakta Umesh
38.	Pathak Shweta Ashish
39.	Prajapati Nisha Suraj Prasad
40.	Neel Pooja
41.	Sarode Vikas Ramesh

42.	Sawant Vijaya Dattatray
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44.	Khandekar Vrushali
45.	Shaikh Shifa Akbalaahmed
46.	Shaikh Suhail Shabbir
47.	Shewale Komal Vijay
48.	Shinde Aishwarya Shashikant
49.	Shukla Shubham Sanjay
50.	Tonde Aboli Dashrath
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54.	Shaikh Sana Kausar



  
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## Health Check-up Camp ZP School, Ravishankar English Medium School Wadala Mahadev

Date:- 27/07/2018

Venue:- Ravishankar English Medium School Wadala Mahadev

No of Particiapants:-54

No of Teacher's:- 2

A Health Check-up camp was organized on 27/07/2018 at ZP , School, Wadala Mahadev Shrirampur, With Primary Objective of Providing Accessible healthcare source to the Community.

The Camp Services offered, general health checkup, with, height, vision Final Examination. Basic counseling to the children was done by Dr. B.B. Harishchandre were he actively introduced with children encouraged them about college free OPD and Medicine Faculty and made awareness about homoeopathy among children & School Staff.

RBBM



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School Health Check-up Camp for RSVM School Students,Wadala Mahadev . Date: 27/07/2018

Sr No	Students Name
1.	Ambhore Vishranti Prakash
2.	Anees Ahmed Jaweed Iqbal
3.	Bari Hitesha Yogendra
4.	Bhandwalkar Gauri Bharat
5.	Chauhan Sujitha Tarasing
6.	Dengane Pooja Mahesh
7.	Dhakpade Naseer Ahmed
8.	Faruqui Zikra Azam
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12.	Gund Yashwant Vasantao
13.	Inamdar Aimanzeba Yusuf
14.	Jadhav Asawari Sharad
15.	Jadhav Shital Ashok
16.	Jesu Vini Baskar
17.	Jha Pallavi Sanjay

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YOGAPATHY

18.	Kadam Gauravi Milind
19.	Kalkate Vedashree Nitin
20.	Kamble Prajakta Dhanaji
21.	Kamble Vaishnavi Nagnath
22.	Kashte Jayashree Dnyanaba
23.	Katare Karishma Goraknath
24.	Kate Manisha Radhakisan
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26.	Khan Nizamuddin Mohd Nanne
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28.	Kulal Prajakta Kailash
29.	Kurund Shital Sathish
30.	Kute Sonal Sharad
31.	Lande Priyanka Gorakshanath
32.	Madane Ashitosh Ramchandra
33.	Mahajan Vinay Narayan
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37.	Nagar Prajakta Umesh
38.	Pathak Shweta Ashish
39.	Prajapati Nisha Suraj Prasad
40.	Neel Pooja
41.	Sarode Vikas Ramesh



42.	Sawant Vijaya Dattatray
43.	Sayed Sadaf Aara Raziabbas
44.	Khandekar Vrushali
45.	Shaikh Shifa Akbalahmed
46.	Shaikh Suhail Shabbir
47.	Shewale Komal Vijay
48.	Shinde Aishwarya Shashikant
49.	Shukla Shubham Sanjay
50.	Tonde Aboli Dashrath
51.	Waghchoure Akshay Nandkumar
52.	Waghmare Pratiksha Chandrakant
53.	Yeskar Sayli Rajendra
54.	Shaikh Sana Kausar



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### Health Check-up Camp ZP School, Shirasgaon

Date:- 25/07/2018

Venue:- ZP , School, Wadala Mahadev

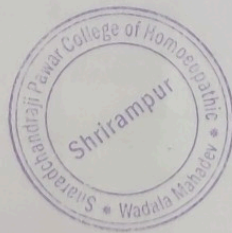
No of Participants:-54

No of Teacher's:- 2

A Health Check-up camp was organized on 25/07/2018 at ZP , School, Wadala Mahadev Shirampur, With Primary Objective of Providing Accessible healthcare source to the Community.

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BB-1



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School Health Check-up Camp for ZP School, Shirasgaon


Date: 25/07/2018

Sr No	Students Name
1.	Ambhore Vishranti Prakash
2.	Anees Ahmed Jaweed Iqbal
3.	Bari Hitesha Yogendra
4.	Bhandwalkar Gauri Bharat
5.	Chauhan Sujitha Tarasing
6.	Dengane Pooja Mahesh
7.	Dhakupade Naseer Ahmed
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## **SHARADCHANDRAJI PAWAR HOMOEOPATHY MEDICAL COLLEGE, SHRIRAMPUR, A' NAGAR**

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E-mail Id: - [sphmc111@gmail.com](mailto:sphmc111@gmail.com). Website: - [www.sphmcshrirampur.com](http://www.sphmcshrirampur.com)  
College Address: - Wadala Mahadev, Shrirampur- Newasa road, Tal: Shrirampur, Dist:  
Ahmednagar, Maharashtra Pin Code: 413739 (M.S.) Ph.02422-248310

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### **Health Check-up Camp ZP School, Wadala Mahadev Shrirampur**

**Date:- 26/07/2018**

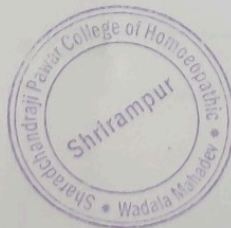
**No of Particiapants:-54**

**No of Teacher's:- 2**

A Health Check-up camp was organized on 26/07/2018 at ZP , School, Wadala Mahadev Shrirampur, With Primary Objective of Providing Accessible healthcare source to the Community.

The Camp Services offered, general health checkup, with, height, vision Final Examination. Basic counseling to the children was done by Dr. B.B. Harishchandre were he actively introduced with children encouraged them about college free OPD and Medicine Faculty and made awareness about homoeopathy among children & School Staff.

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Medical College & Hospital  
A/p.Wadala Mahadev, Tal.Shrirampur





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School Health Check-up Camp for ZP School, Wadala Mahadev

Date: 26/07/2018

Sr No	Students Name
1.	Ambhore Vishranti Prakash
2.	Anees Ahmed Jaweed Iqbal
3.	Bari Hitesha Yogendra
4.	Bhandwalkar Gauri Bharat
5.	Chauhan Sujitha Tarasing
6.	Dengane Pooja Mahesh
7.	Dhakpade Naseer Ahmed
8.	Faruqui Zikra Azam
9.	Gavate Vishnu Dattatray
10.	Ghodmare Manoj Deorao
11.	Ghule Aniket Gorakshnath
12.	Gund Yashwant Vasantryao
13.	Inamdar Aimanzeba Yusuf
14.	Jadhav Asawari Sharad
15.	Jadhav Shital Ashok
16.	Jesu Vini Baskar
17.	Jha Pallavi Sanjay



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18.	Kadam Gauravi Milind
19.	Kalkate Vedashree Nitin
20.	Kamble Prajakta Dhanaji
21.	Kamble Vaishnavi Nagnath
22.	Kashte Jayashree Dnyanaba
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30.	Kute Sonal Sharad
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33.	Mahajan Vinay Narayan
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35.	Marathe Shweta Sanjay
36.	More Mohini Ramkrishna
37.	Nagar Prajakta Umesh
38.	Pathak Shweta Ashish
39.	Prajapati Nisha Suraj Prasad
40.	Neel Pooja
41.	Sarode Vikas Ramesh

42.	Sawant Vijaya Dattatray
43.	Sayed Sadaf Aara Raziabbas
44.	Khandekar Vrushali
45.	Shaikh Shifa Akbalaahmed
46.	Shaikh Suhail Shabbir
47.	Shewale Komal Vijay
48.	Shinde Aishwarya Shashikant
49.	Shukla Shubham Sanjay
50.	Tonde Aboli Dashrath
51.	Waghchoure Akshay Nandkumar
52.	Waghmare Pratiksha Chandrakant
53.	Yeskar Sayli Rajendra
54.	Shaikh Sana Kausar



  
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### Visit To Milk Plant Laxmimata Milk, Bhokar

Date:- 21/9/2018

Venue:-Laxmi Mata Milk Plant Bhokar

No of Particiapants:-54

No of Teachers:- 1

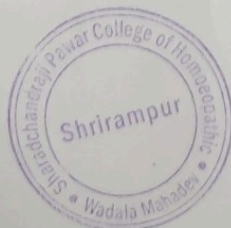
Introduction:- On Date 21/09/2018 College students got opportunity to visit milk plant. It Included

1. Plant Tour,
2. Milk Processing
3. Packaging
4. Product Range
5. Quality Control
6. Sustainability and environmental Practices

Conclusion:- The Visit of milk Processing plant provided valuable insight into the complex. Withessed the advanced technology and stringent quality control measures in place to ensure safety and consistency of the dairy products.

This visit served as an educational experience and importance of quality and hygiene in dairy products.

*Red*



*Principal*

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Educational Visit To Milk Plant Laxmimata Milk, Bhokar

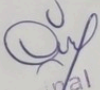
Date: 21/09/2018

Sr No	Students Name
1.	Ambhore Vishranti Prakash
2.	Anees Ahmed Jaweed Iqbal
3.	Bari Hitesha Yogendra
4.	Bhandwalkar Gauri Bharat
5.	Chauhan Sujitha Tarasing
6.	Dengane Pooja Mahesh
7.	Dhakpade Naseer Ahmed
8.	Faruqui Zikra Azam
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39.	Prajapati Nisha Suraj Prasad
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## Report on Swachh Bharat Abhiyan In College

Date:- 02/10/2018

Venue:-SPHMC. College Campus

No of Participants:- 54

No Of Teachers :- 1

Objectives:-

The Main goal of this event was to achieve Cleanliness and Sanitation in the Campus. The Initiative was Taken by students, faculty and staff where everyone was Briefed Beware Awareness and education about cleanliness.

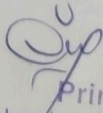
Learning Experience

1. Various activities and
2. Campaigns goals
3. Educational Programs.

**Conclusion:-** Every Student, Faculty Member and staff took active participation for clean India. At the end Dr. Abhay Pansambal briefed students about Importance of sanitation and Cleanliness with vote of thanks.

BBS-1



  
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Swachh Bharat Abhiyan in College

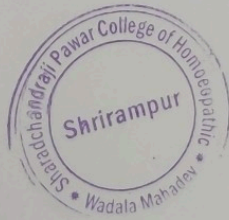
Date: 02/10/2018

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BBM



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### Report On Celebration Of 150<sup>th</sup> Birth Anniversary of Mahatma Gandhi

**Date:-** 02/10/2018

**Venue:-** Sharadchandraji Pawar HMC Seminar Hall.

**No of Participants:-** 54

**No of Teachers:-** 1

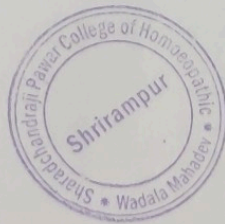
**Objectives:-**

Remember about life and legacy of Mahatma Gandhi, Promote Gandhi's Values and Iniciate gandhian Initiatives among Students, teachers and Non-teaching Staff.

**Conclusion:-**

The 150<sup>th</sup> Birth Anniversary Celebration was a successful event. The celebration secured the reminder of importance of these values in our SPHMC, community. The lot of thanks was delivered by Dr. BBH.

BBH



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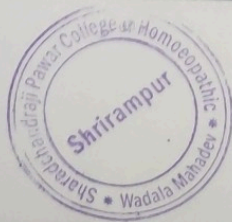
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Celebration Of 150<sup>th</sup> Birth Anniversary of Mahatma Gandhi .

Date: 02/10/2018

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### Educational Visit to Lakshmimata and Milk and Milk Product pvt ltd.

**Title:-** Report on the Educational Visit to Lakshmimata milk and milk products pvt. Ltd.

**Date:-** 29/11/2019

**Venue:-** Lakshmimata milk and milk products pvt. Ltd.

**No of Participants:-** 40

**No of Teacher's:-** 1

**Summary :-** This Report provides an account of the educational visit to a milk processing plant organized by SharadChandraji Pawar Homoeopathic medical college Shrirampur. The visit aimed to provide students with a practical understanding of milk production, contributing to their knowledge of dairy industry.

Objectives of the visit were:

- To familiarize students with the milk production and processing industry.
- To illustrate the journey of milk from the farm to the consumer.
- To emphasize the importance of hygiene and quality control in the dairy sector.

The visit began with an informative presentation on the history and operations of Milk Plant. Students were introduced to the various stages of milk processing, which included milk collection, pasteurization, homogenization, packaging, and distribution. The plant's commitment to quality control and hygiene standards was also highlighted.

**Quality Control and Hygiene:** Students were educated on the rigorous quality control measures in place to ensure that the milk and dairy products meet the highest standards. They learned about the importance of preserving the nutritional value of milk.

**Conclusion:-** The educational visit to the milk plant was an enriching experience for students. It allowed them to connect classroom learning with real-world applications in the dairy industry. The visit contributed to their understanding of milk production, processing, quality control, and environmental responsibility.

**Learning Outcomes:**

- Increased awareness of the dairy industry and its process.
- Enhanced understanding of quality control and hygiene in food production.
- Greater insight into the importance of sustainability in the dairy sector.
- Improved knowledge of career opportunities in the dairy and food industry.

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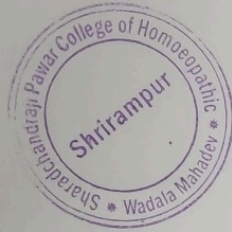
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Visit to Lakshminata milk and milk products pvt ltd.

Date: 29/11/2019

Sr. No	Name of the student
1	Ambike vaishnavi Ganesh
2	Bhagat Shreya Rupchand
3	Bhagwat Rushikesh Dattatray
4	Bhasme Vidya Prabhakar
5	Choudhari Mayuri Ravindra
6	Chavan Avinash Mahadeo
7	Cheve Vaishnavi Nitin
8	Chette Kiran Vijay
9	Dawkhar Mansi Surykant
10	Dhanger Gavrav Vijay
11	Gaikwad Ravina Pradip
12	Ghodhne Shubham Laxmanrao
13	Gore Suraj Subhashrao
14	Iyer Rajam Ramarathanam
15	Jadhav Varsha Pandurang
16	Jadhav Vishnukanth Sahebrao
17	Kate Pratiksha Vijay
18	Khan Firoza Akhter
19	Khan Parveen Ahmedali
20	Landge Ruchita Namdev
21	Lavngare Aishwarya Sham
22	Mane Shweta Vasant
23	Patil Mangesh Yuvraj
24	Patil Payal Sudhirrao
25	Patil Yogeshwar Sanjay
26	Potagevan Aishwarya Balkrishna
27	Pungle Sumit Sudhakar
28	Rajput Pranali Mangalsingh
29	Saifee Aafreen Yusuf

30	Shah Mohammed Shahnawaz Mohd Sohrab
31	Shaikh Safah Mukhtar
32	Shaikh Sabista Mustaq
33	Sharma Ajit Arvind
34	Singh Nidhi Ajaykumar
35	Thorat Sakshi Balasaheb
36	Veakhande Aditi Dilip
37	Waghire Vaibhav Bhausaheb
38	Yadav Rahul Ramsevak
39	Yadav Yajuvendra kamlesh
40	Shaikh Tofikh Shaikhrafikhansari



  
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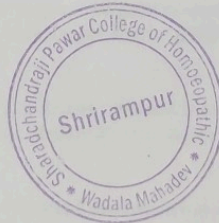


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**List of Extension activities**

Year(2019-2020)	Name of the extension activity	Organizing unit/agency/collaborating agency	No. of students who participated in such activities	No. of teachers who participated in such activities
2019-2020	Medical health checkup program(Ravishankar vidya mandir Wadala Mahadev)	Sphmc	40	2
2019-2020	Medical health checkup program (Z.P school Nipani Vadgaon)	Sphmc	40	2
2019-2020	Lecture on infection of corona virus Sphmc	Sphmc	38	2



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## Medical Health Check-up Programme Ravishankar Vidya Mandir Wadala Mahadev.

**Title:-** Report on the Medical Health Check-up Programme Ravishankar Vidya Mandir Wadala Mahadev

**Date:-** 21/11/2019

**Venue:-** Ravishankar Vidya Mandir Wadala Mahadev.

**No of Participants:-**40

**No of Teachers :-** 2

### **Introduction:-**

The School Health Check-up is an essential program designed to monitor and assess the overall well-being of students. This report provides an overview of the health check up conducted at Ravishankar Vidya Mandir Wadala Mahadev on 21/11/2019 and the key observations:

The Process involved the following steps: Registration: Students were registered for the check-up upon arrival with a focus on maintaining their privacy and confidentiality. Medical History: Each student's medical history was reviewed, and any specific concerns or conditions were noted.

**Physical Examination:** A comprehensive Physical Examination was carried out including measurement of height, weight, blood pressure, and basic vision and hearing tests

**Nutrition Assessment:** Nutritionists evaluated the dietary habits of students and offered guidance on maintaining a balanced diet. Health Education: Students received health education and information on topics such as hygiene, nutrition, and exercise.

**Key Findings:** Nutritional Concerns : A significant number of students were found to have dietary habits that could be improved. Recommendations for a balanced diet were provided. They were referred for further evaluation and treatment. Height and Weight: A small percentage of students were observed to be either underweight or overweight. Guidance on maintaining a healthy weight was given. Hygiene and Health Education.

**Conclusion:** The school health check-up at Ravishankar Vidya Mandir Wadala Mahadev was a valuable initiative that provided insight into the overall health of the students. The school administration is encouraged to continue and expand such programs in the future. Recommendations: Regular Health Check-Ups: Conduct health Issues. Health Education Continue providing health education sessions to raise awareness among students about healthy lifestyles.

The Medical Health Program at ZP school Nipani Vadgaon is a comprehensive initiative that prioritizes the well-being of students and staff.

BBM



Principal

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